

***Morning Star People are Courageous, Motivated, and Respectful.  
Vóohéheva hevo'èstanemo eohkeheestahao'e, eohkeoe'tàsetanoo'e, naa  
eohkeoeno'etséstao'e.***

Chief Dull Knife College—Course Syllabus			
Course: College Success Skills			
Instructor: Angie Hedges		Revised:	
Semester:	Spring 2024	Days:	M,W,Th Time: 1:00- 2:00 Location: 202
Office Hours: 8-4:30			
Phone: 406-477-6215		ext: 188	e-mail ahedges@cdkc.edu

**Course description:** This course helps students to be successful in school and life by empowering them to make wise choices. It assists students in developing greater confidence and motivation, focusing on self-esteem, self awareness, self-management, interpersonal communication, and emotional intelligence. Students assess interests, learning styles, and career aspirations while learning college customs, reviewing study skills, and exploring their own definitions of a rich, fulfilling life.

**Textbooks and/or materials for the course:** Native American College and Career Success

Author(s): Marsha Fralick , Beatrice Zamora Aguilar , Larry Gauthier Edition: 3

**College Competencies:**

- Write clear, accurate sentences and paragraphs in standard American English.
- Write extended papers which effectively develop and support theses, tell stories, describe events, and express feelings, insights and personal values.
- Demonstrate the ability to use oral communication skills, including critical listening and argumentation.
- Exhibit the ability to select, develop and deliver an effective oral presentation to a target audience on a research topic

**Learning outcomes:**

At the end of Spring Semester, the students will know the following:

- Take personal responsibility for your learning
- Grow your assessment skills
- Develop the ability to work effectively
- Develop and improve skills and strategies for successfully transitioning to college

Course Outcomes	Course Measurements
At the end of semester, students will demonstrate the use of academic skills (including effective reading, writing, studying, time management, test-taking skills, critical thinking, and problem solving) and apply those skills in other courses.	Students will have the ability to retain the knowledge and pass it along. The ability to hang on to what they've learned is important to students, too. And being able to help others with their new-found knowledge is valuable as well.
Set personal, academic and career goals, and design plans for their attainment.	Students will gain real-world application that translates to their personal and professional lives.
Demonstrate knowledge of CDKC resources which includes student support services and learning resources.	Students will have an increased understanding of course concepts. They will feel successful when they've deepened their knowledge of a topic in the course

**Cheyenne Cultural Influences provided through:** Participation in this course employs the Cheyenne values of *hoto'hastótse* (generosity), *hoto'etanohtótse* (cooperation), *oonohvetanohtótse* (patience) and *ono'etanohtótse* (respect) as we strive to increase each students' knowledge through *haootse'ohestótse* (hard work) and a willingness to experiment, participate and demonstrate new ideas and possibilities exhibiting *heestahastótse* (bravery) in living out *Vóóhéhéva* (Chief Dull Knife) *tsexheto'hahstsestomevóse he'vo'éstanemo* (dream.)

#### **Course expectations and points/or grading criteria:**

##### ***What you can expect from your professor:***

- A fresh start
- Respect
- High expectations
- An objective (unbiased) analysis of your work
- Prompt and thorough feedback on your work with specific advice on how to improve
- Exposure to a wide variety of academic readings and topics for discussion
- A sincere desire to help you succeed at CDKC and earn your degree

##### ***What your professor expects from you:***

- To carefully proofread all of your writing (including Discussion posts, messages, and emails)

- To ask for help when you need it and to utilize the resources available to you.
- To observe a code of mutual respect—that is, respect yourself, your professor, and your classmates—and to keep a professional tone in all course-related communication
- To take pride in your work, to challenge yourself, and to push the limits of your education.

**Academic Honesty Policy:** There are two basic kinds of plagiarism: deliberate plagiarism and accidental plagiarism. One may sound more acceptable than the other, but they are equally serious academic offenses. The most common act of **deliberate plagiarism** involves copying another person's work and passing it off as your own. The most common act of **accidental plagiarism** involves failing to provide the proper internal documentation for quoted, summarized, or paraphrased ideas from another person, even if you list the source in your Works Cited. In this class, deliberate and accidental plagiarism will be treated the same. **The penalty for plagiarism is failure of the assignment and potentially failure of the course** and it may result in suspension or expulsion from the College. Please refer to the *CDKC Student Handbook* for additional information regarding College regulations and the handling of plagiarism.

**ASSESSMENT:** The following forms of assessment will be conducted throughout the semester to provide various learning outcomes: a. Journal Entries/Chapter Activity will be graded and constantly evaluated. b. Online-Class Discussions will be used to determine if information is retained. c. Mid-term exam to test topic knowledge. d. Final Exam to test topic knowledge level and comprehensiveness of the overall topic.

**DISCUSSIONS:** Assignments and Questions will be posted on Canvas.

### Course Overview: (Subject to Change)

Course Summary:

Weeks	Details	Due
Week 1	Syllabus Course Intro Intro to Canvas Meet Student Service Staff	
Week 2	<b><u>Assignments:</u></b> Pre-Assessment: Student Success Questionnaire. I will post the assessment on Canvas	

	<p>FAFSA</p> <p>American Indian Scholarship</p>	
Week 3	<p><b>Chapter 1</b> The Spirit Essence of All We Do: Cultural Identity and Success Celebrate Who You Are</p> <p>The Rebirth of Education and Cultural Identity</p> <p>The Importance of Family and Home Overcoming Obstacles</p> <p>Personal Empowerment through Culture Cultural Traditionalism</p> <p>Finding A Safe Place Health and Well-Being Suggestions for Successful Learning from the Native Perspective</p> <p>Assignment: Complete plans of study</p> <p><b><u>Assignment: Due Next Week</u></b> →</p> <p>Journal Entry 1 (pg. 2) →</p> <p>Journal Entry 2 (pg. 4) →</p> <p>Journal Entry 3 (pg. 9) →</p> <p>Journal Entry 4 (pg. 14) →</p> <p>Journal Entry 5 (pg. 17)</p>	
Week 4	<p><b>Chapter 2</b> Dreams Bring Knowledge: Understanding Motivation What Do I Want from College?</p> <p>What is the Value of a College Education?</p> <p>Choosing a Major and Career How to be Motivated Success is a Habit</p> <p><b><u>Assignment:</u></b></p> <p>APA Cover page</p> <p>Self assessment</p> <p>Success wheel</p> <p><b><u>Assignment: Due Next Week</u></b> →</p> <p>Journal Entry 1 (pg. 25) →</p> <p>Journal Entry 2 (pg. 30) →</p> <p>Journal Entry 3 (pg. 32) →</p>	7/1

	<p>Journal Entry 4 (pg. 37) →</p> <p>Journal Entry 5 (pg. 41)</p>	
Week 5	<p><b>Chapter 3</b> Walk with Nature as One: Choosing Your Major Making a Career Decision Choose a Major That Matches Your Gifts and Talents</p> <p>Understanding Personality Types Personality and Career Choice Personality and Preferred Work Environment</p> <p>Exploring Your Personal Strengths</p> <p>Exploring Your Interests Using Values to Make Important Life Decisions</p> <p>Work Skills for the Twenty-First Century Career Trends</p> <p><b><u>Assignments:</u></b></p> <p>Matching Your Career</p> <p>Journal Entry 1 (pg. 67) →</p> <p>Journal Entry 2 (pg. 69)→</p> <p>Journal Entry 3 (pg. 70) →</p> <p>Journal Entry 4 (pg. 72) →</p> <p>Journal Entry 5 (pg. 85)</p>	
Week 6	<p><b>Chapter 4</b> The Moon Will Smile at Your Courage: Managing Time and Money</p> <p>The Native Concept of Time</p> <p>What Are My Lifetime Goals?</p> <p>The ABCs of Time Management</p> <p>Technology and Time Management</p> <p>How to Estimate Study and Work Time</p> <p>Schedule Your Success</p> <p>Time Management Tricks</p> <p>Dealing with Time Bandits</p> <p>Dealing with Procrastination</p> <p>Managing Your Money</p> <p><b><u>Assignments:</u></b></p>	

	<p>What Are Your Lifetime goals-</p> <p>→ Journal Entry 1 (pg. 106)</p> <p>→ Journal Entry 2 (pg. 107)</p> <p>→ Journal Entry 3 (pg. 119)</p> <p>→ Journal Entry 4 (pg. 122)</p> <p>→ Journal Entry 5 (pg. 129)</p>	
Week 7	<p><b>Chapter 5</b> The Earth Sings the Same Song It Sang to My Ancestors: Improving Your Memory</p> <p>Native Ways of Knowing Improving Your Memory</p> <p>Practical Memory Techniques Based on Brain Science</p> <p>Using Mnemonics and Other Memory Tricks Optimize Your Brain Power</p> <p>Stress, Relaxation, and Learning</p> <p><b><u>Assignments:</u></b></p> <p>Student survey</p> <p>The Earth Sings the Same Song</p> <p>Journal Entry 1 (pg. 151) →</p> <p>Journal Entry 2 (pg. 156) →</p> <p>Journal Entry 3 (pg. 159) →</p> <p>Journal Entry 4 (pg. 164) →</p> <p>Journal Entry 5 (pg. 166)</p>	
Week 8	<p>APA formatting academic papers</p> <p>MID TERM Halfway Through the Course!!!</p> <p>One page essay using proper APA- assignment on Canvas</p>	
Week 9	<p><b>Chapter 6</b> The Rainbow Will Rise Full Circle; Improving Study Skills</p> <p>Neuroscience and Practical Learning Strategies</p> <p>Applying Memory Strategies to Reading</p>	

	<p>Tips for Online Learners</p> <p>How to Be Successful in Your Math Courses *A Student Perspective:</p> <p><b><u>Assignment:</u></b></p> <p>Journal Entry 1 (pg. 177) →</p> <p>Journal Entry 2 (pg. 184) →</p> <p>Journal Entry 3 (pg. 185) →</p> <p>Journal Entry 4 (pg. 192) →</p> <p>Journal Entry 5 (pg.194)</p>	
Week 10	<p><b>Chapter 7</b> Listen to the Trees Talk: Taking Notes, Writing, and Speaking</p> <p>Why Take Notes?</p> <p>The College Lecture How to Be a Good Listener</p> <p>Handwritten Notes and Memory Tips for Good Note Taking</p> <p>Note Taking Systems</p> <p>Improving Note-Taking Efficiency</p> <p>How to Review Your Notes</p> <p>Power Writing</p> <p>Effective Public Speaking</p> <p><b><u>Assignment:</u></b></p> <p>Meet the Librarian - how to find academic sources</p> <p>Journal Entry 1 (pg. 205) →</p> <p>Journal Entry 2 (pg. 213) →</p> <p>Journal Entry 3 (pg. 221) →</p> <p>Journal Entry 4 (pg. 224) →</p> <p>Journal Entry 5 (pg. 226)</p>	
Week 11	<p><b>Chapter 8</b> Walk with Bare Feet on the Earth: Test Taking</p> <p>Begin Your Journey with Smudging</p> <p>Preparing for Tests Dealing with Test Anxiety</p> <p>Dealing with Math Anxiety</p>	

	<p>Burt Medicinebull- smudging</p> <p><b><u>Assignment:</u></b></p> <p>Journal Entry 1 (pg. 241) →</p> <p>Journal Entry 2 (pg. 245) →</p> <p>Journal Entry 3 (pg. 247) →</p> <p>Journal Entry 4 (pg. 249) →</p> <p>Journal Entry 5 (pg. 262)</p>	
Week 12	<p><b>Chapter 9</b> Walking in Beauty and Harmony: Thinking Positively about the Future</p> <p>Thinking Positively about your Career Optimism, Hope, and Future-Mindedness Believe in Yourself</p> <p>The Self-Fulfilling Prophecy</p> <p>Positive Self-Talk and Affirmations</p> <p>Visualize Your Success Successful Beliefs Secrets to Happiness</p> <p><b><u>Assignment:</u></b></p> <p>Journal Entry 1 (pg. 278) →</p> <p>Journal Entry 2 (pg. 279) →</p> <p>Journal Entry 3 (pg. 284) →</p> <p>Journal Entry 4 (pg. 285) →</p> <p>Journal Entry 5 (pg. 287)</p>	
Week 13	Assign Topics for Finals	
Week 14	PowerPoint Presentation (15 slides)	
Week 15	Resume building	
Week 16	Complete all final projects	
Week 17	Final Exam- Class Portfolio Due	



	PowerPoint Presentation (15 slides) Last Week of Class. You did it!	

***“We can no longer live the way we used to. We cannot move around anymore the way we were brought up. We have to learn a new way of life. Let us ask schools to be built in our country so that our children can go to these schools and learn this new way of life.”~ Chief Dull Knife***